**Title:** Embracing an Interdisciplinary Approach to implement Palliative Care Guidelines

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**Purpose and Main Points:**

Humber Meadows was the first facility internationally to open with the Best Practice Spotlight Pre-Designation, helping to set an exciting milestone. Since receiving our pre-designation, we have set out on a path to not only to ensure the home’s alliance with BPSO guidelines but ensure that the meaning behind it was understood and embraced.

The Palliative Approach to Care and End of Life BPG was one of the first guidelines we chose to implement as a home, seeing an importance for supporting Residents and families. This has been done by ensuring we align ourselves with the Fixing Long Term Care Act, Ontario Regulations, Residents’ Bill of Rights. As a home we have made it one of our highest priorities to foster an environment of evidence-based practices and innovative approaches.

We have created a strong interdisciplinary team on our journey of implementing a palliative approach, utilizing some of our over 70 best practice champions which include frontline staff and managers. We will look at how we encouraged staff participation and the external projects and consultants we used to help us in advocating for the BPSO approach.

**Results and Benefit to Participants**

Participants who attend will learn Humber Meadows interdisciplinary approach taken from the planning before opening, the implementation to present day and how we plan to sustain this. Those that attend will also walk away with a strong understanding of how our home embraced the palliative care guidelines, encouraging everyone involved both internally and externally, to embrace it too. We will share an Indepth view into the successes, the barriers and the steps taken to continue moving forward as a home embracing our BPSO pre-designation.